

About

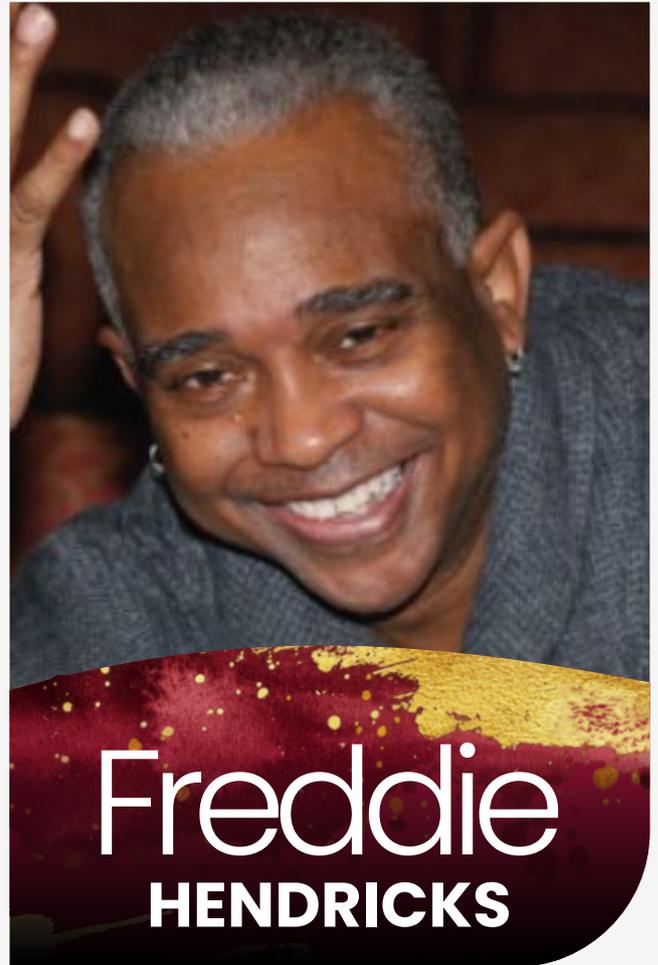
FREDDIE HENDRICKS

Award-Winning Director, Actor, Creative Leader
& Master Educator

Freddie Hendricks is an award-winning director, educator, and cultural leader who uses the arts to inspire empowerment and social change. A Georgia Hall of Fame Inductee (Theater), 2023, he continues to shape the cultural landscape through visionary leadership and transformative arts education.

As Founding Artistic Director of The Freddie Hendricks Youth Ensemble of Atlanta (Y.E.A.), he has produced more than 20 acclaimed productions, uplifting generations of young artists.

A recipient of the Abby Award for Lifetime Achievement in the Arts and twice honored in Washington, D.C. as a Distinguished Teacher of America, his directing technique has been written about and recognized in academia. He has directed nationally and internationally, mentoring artists who have gone on to careers on Broadway, in television, music, and film—leaving a lasting legacy in classrooms and communities worldwide.



Signature Workshops

Freddie's one- to three-hour workshops are transformational, confidence-building, and artist-centered. While structured, he adapts each session to the room's needs—meeting artists exactly where they are.



The Hendricks Xperience

A dynamic, high-energy artistic immersion blending performance, music, and movement. This experience challenges artists to unlock bold expression, deepen emotional access, and perform with authenticity and power.

Focus Areas:

- Stage presence
- Emotional connection
- Creative risk-taking
- Confidence through performance



The Hendricks Intensive

An in-depth creative lab focused on developing original work, scenes, and monologues. Artists build technique while strengthening storytelling, character development, and artistic discipline.

Focus Areas:

- Scene study & monologue development
- Emotional recall techniques
- Character work
- Professional preparation



The Hendricks Method Workshop

Freddie's signature approach to performance training—rooted in emotional truth, discipline, and artistic courage. This workshop builds not just better performers, but more confident individuals.

Focus Areas:

- Emotional recall
- Authentic storytelling
- Voice & physical awareness
- Personal empowerment through art

Media & Online Presence

YOUTUBE: [youtube.com/watch?v=TGc3m3GI0Eg](https://www.youtube.com/watch?v=TGc3m3GI0Eg)
[youtube.com/watch?v=jPkzlaEahaY](https://www.youtube.com/watch?v=jPkzlaEahaY)

To book FREDDIE HENDRICKS for speaking engagements, please email: ife@chi-ife.com

